



Most Needed Items

- Protein: Canned Soup, Tuna, Meat, Peanut Butter, Nuts and Canned & Dried Beans
- Canned Fruits & Vegetables including Juices and Tomato Sauce
- Carbohydrates: Nutritious Breakfast Cereals, Whole Wheat Pasta, Brown Rice
- Crackers, Granola Bars and Cheese & Cracker Packages
- Canned Stews and Chili
- Extra Virgin Olive Oil

Please watch for expiration dates. Food item's use by or best if sold by date should not be over six months old. No glass jars of baby food please. Boxed cereals and formula are needed if they are unopened and within date code.